

I hearby agree to the following:

- 1. I am participating in yoga classes, health programs, workshops, hikes, nature walks & other exercise and healing arts activities (collectively, the "Activities") offered by Michelle Tritten DBA **Hello Critter** and/or it's owners, instructors, teachers, workshop presenters, partnering not for profit, property owner, employees, volunteers, and independent contractors.
- 2. I recognize that I must be in good physical and mental health to participate in the scheduled *Activities*. I understand that the scheduled *Activities* require physical exertion and I represent and warrant that I am physically fit, and I have no medical condition which would prevent my full participation in the scheduled *Activities*. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the scheduled *Activities*. If I have consulted a physician, I have taken the physician's advice. I understand that **Hello Critter** reserves the right in it's absolute discretion to refuse my participation in a scheduled *Activity* on medical or fitness grounds.
- 3. I am in proper physical condition to participate in the scheduled *Activities*, and I am aware that participation could, in some circumstances, result in scraped skin, abnormal blood pressure, fainting, heartbeat disorders, physical injury and potentially heart attack. I also understand that I could experience muscle, back neck or bone injuries during exercise. I understand my physical limitations and am sufficiently self-aware to stop physical activity before I become ill or injured. I understand that it is my continuing responsibility to inform Michelle Tritten DBA **Hello Critter** of any previous medical conditions, injuries, or surgeries prior to my first class and any future changes to my medical condition.
- 4. I understand that goats are wild animals, and their behavior is unpredictable, and acknowledge all risks that may present themselves from practicing yoga &/or other Activities in their company. This could include and is not limited to being jumped on, stepped on, bitten, kicked, butted, or knocked over by a goat as well as being urinated on &/or defecated on. Physical injury while rare is certainly a risk. In consideration of being permitted to participate in the scheduled Activities. I agree to assume full responsibility for all risks, injuries or damages known or unknown, which I might incur as a result of participating in the scheduled Activities of Michelle Tritten DBA Hello Critter,
- 5. In further consideration of being permitted to participate in the Activities, I knowingly, voluntarily & expressly waive any "claims" (as defined below) I may have against Michelle Tritten DBA Hello Critter, it's owners, instructors, teachers, workshop presenters, partnering not for profit, property owner, employees, volunteers and independent contractors (each a "Released Party") for any Claim that I may sustain as a result of participating in the scheduled Activities of Michelle Tritten DBA Hello Critter even if the Claim arises from the carelessness or negligence of any Released Party or anyone else. I agree to indemnify and hold harmless each Released Party from any loss or liability incurred in defending any Claim made by me or anyone making a Claim on my behalf, even if the Claim is alleged to or did result from the carelessness or negligence of any Released Party or anyone else. "Claims" include but are not limited to any and all liabilities, claims, demands, expenses, fees, legal actions, rights of actions for damages, personal injury, mental suffering & distress or death that I may suffer, my children may suffer or that my unborn child may suffer (including legal fees or expenses) in connection with any participation in any scheduled Activity.
- 6. I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue any Released Party for any Claim caused by any negligence or other acts of a Released Party.
- 7. I understand there is no insurance coverage for participants in these activities. In consideration for my participation in the event, I agree that on behalf of myself, my child(ren), my heirs, family members, personal representatives and executors, we assume the risk of the activities and I release, discharge, indemnify, covenant not to sue, and hold harmless you and your agents, employees, officers, and directors from any and all claims, causes of action, or demands, if any, in connection with the same, based on damages or injuries which may be incurred or sustained by me in any way connected with said participation in activities or presence at the event.
- 8. COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a means to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in the event could increase the risk of contracting COVID-19. We in no way warrant that COVID-19 infection will not occur through participation in the event.
- 9. I hearby understand that Michelle Tritten DBA Hello Critter may photograph or video classes or events occurring. In consideration of mutual benefits between the parties, I, (the undersigned) hereby fully release & allow Michelle Tritten DBA Hello Critter to take still photos &/or videos of various scheduled yoga &/or goat yoga classes &/or gatherings, workshops &/or Activities. I, the undersigned further agree & allow Michelle Tritten DBA Hello Critter to use these photos &/or videos as they deem fit, including for use on the internet.
- 10. This agreement shall be construed in accordance with and governed by the laws of the State of California. I acknowledge that I have carefully read this release and waiver of liability and fully understand it's contents. I voluntarily and knowingly agree to the terms & conditions stated herein. I am aware that by signing this release & waiver of liability, I am giving up substantial rights, including my right to sue & certain legal rights my heirs, next of kin, executors, administrators & assigns may have against any Released Party. I hereby assume all risks and hazards incidental to the conduct of the activities.

Printed Participant Name(s):		
Participant Signature:	Date:	
Email :	_Texting#:	
Instagram:	Check here to be notified of upcoming events	



MINOR CHILD Liability Waiver and Release Form

I hereby certify that I am the adult parent or legal guardian of _____

(minor's name)

a minor child under the age of eighteen years, and I consent to his/her participation in scheduled activities to be offered by Michelle Tritten DBA "Hello Critter" of 225 Winchester Ave. Glendale CA. 91201 (the "Releasee"). I release the "Releasee" from any and all claim(s) for bodily injury & /or property damage &/or personal injury & /or death that may result from participation in the following scheduled physical activities and /or operations including live animals. I understand that in handling and being in the presence of animals there does exist a risk of injury including physical harm caused by the animals &/or the transmission of disease therefrom. I hereby assume all risks and hazards incidental to the conduct of the activities.

- I give the employees and/or agents authorization to seek emergency transport and treatment for said child(ren). I understand that I and the named minor(s) will be solely responsible for any loss or damage, including personal injury, property damage, or death, the named minor(s) sustains while participating in the programs.
- I certify that the named minor(s) in good health and has no conditions or impairments which would preclude his/her/ their safe participation in the programs.
- I understand there is no insurance coverage for participants in these activities. In consideration for my child(ren)'s participation in the event, I agree that on behalf of myself, my child(ren), my heirs, family members, personal representatives and executors, we assume the risk of the activities and I release, discharge, indemnify, covenant not to sue, and hold harmless you and your agents, employees, officers, and directors from any and all claims, causes of action, or demands, if any, in connection with the same, based on damages or injuries which may be incurred or sustained by me or said child(ren) in any way connected with said participation in activities or presence at the event.
- COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. Federal and state authorities recommend social distancing as a means to prevent the spread of the virus. COVID-19 can lead to severe illness, personal injury, permanent disability, and death. Participating in the event could increase the risk of contracting COVID-19. We in no way warrant that COVID-19 infection will not occur through participation in the event.

Schedule of &/or activities to be offered

Goat and/or operations including live animals &/or Yoga and/or Goat Yoga &/or walking &/or hiking &/or feeding the domestic animals and /or photo ops

I hereby acknowledge and understand that I am fully aware of and assume the risks (including but not limited to the risk of bodily injury, property loss or damage) of said minor child's participation in scheduled activities to be offered. I understand that Michelle Tritten DBA "Hello Critter" **and/or its owners, instructors, teachers, workshop presenters, partnering not for profit, property owner, employees, volunteers, and independent contractors** shall have no responsibility to pay for medical treatment and related costs if said minor child is injured.

Knowing the risks described above, I agree, personally and on behalf of the minor child(Iren) named above, to assume all the risks and responsibilities surrounding my minor child(ren)'s participation in the scheduled activities described above. To the fullest extent allowed by law, I hold harmless and agree to indemnify Michelle Tritten DBA "Hello Critter" from and against any present or future claim, cause of action, loss or liability (including costs and attorneys fees) for injury to person or property, which said minor child(ren) may suffer or for which said minor child(ren) may be liable to any other person, related to said minor child(ren)'s participation in scheduled activities resulting from any cause whatsoever, and regardless of fault.

I am at least eighteen years of age and have carefully read and freely signed this **Minor Child Liability Waiver and Release** form. I understand and agree that no oral or written representations can or will alter the contents of this document. In addition, I have carefully read, freely signed and agreed to the terms of the attached **Goat Yoga Release and Waiver of Liability.**

Parent or legal guardian of minor participant(s): ______

(PRINTED NAME)

Signature of Parent or legal guardian of minor participant(s): _____

Date:____