



@gurlmuseumday

@grandpark_LA

GURL Museum Day® (GMD) presents Color Healing Sesh at Grand Park's Easy Mornings

Take a moment to let the music melt your stress, anxiety or negative thoughts away. Each sesh will be between 15 to 20 minutes during which we strongly suggest to disconnect and be present to heal together. Print any coloring sheet you want to use. Then grab your coloring pencils. and join us as Diane Lindquist, Founder of GMD, guides you through a Color Healing Sesh at Grand Park's Easy Mornings.

Saturday, September 12 @ 10 am – Grand Park: Welcome Pillar

Saturday, September 19 @ 10 am – Grand Park: Little Libraries

Saturday, September 26; @ 10 am – Grand Park: Play

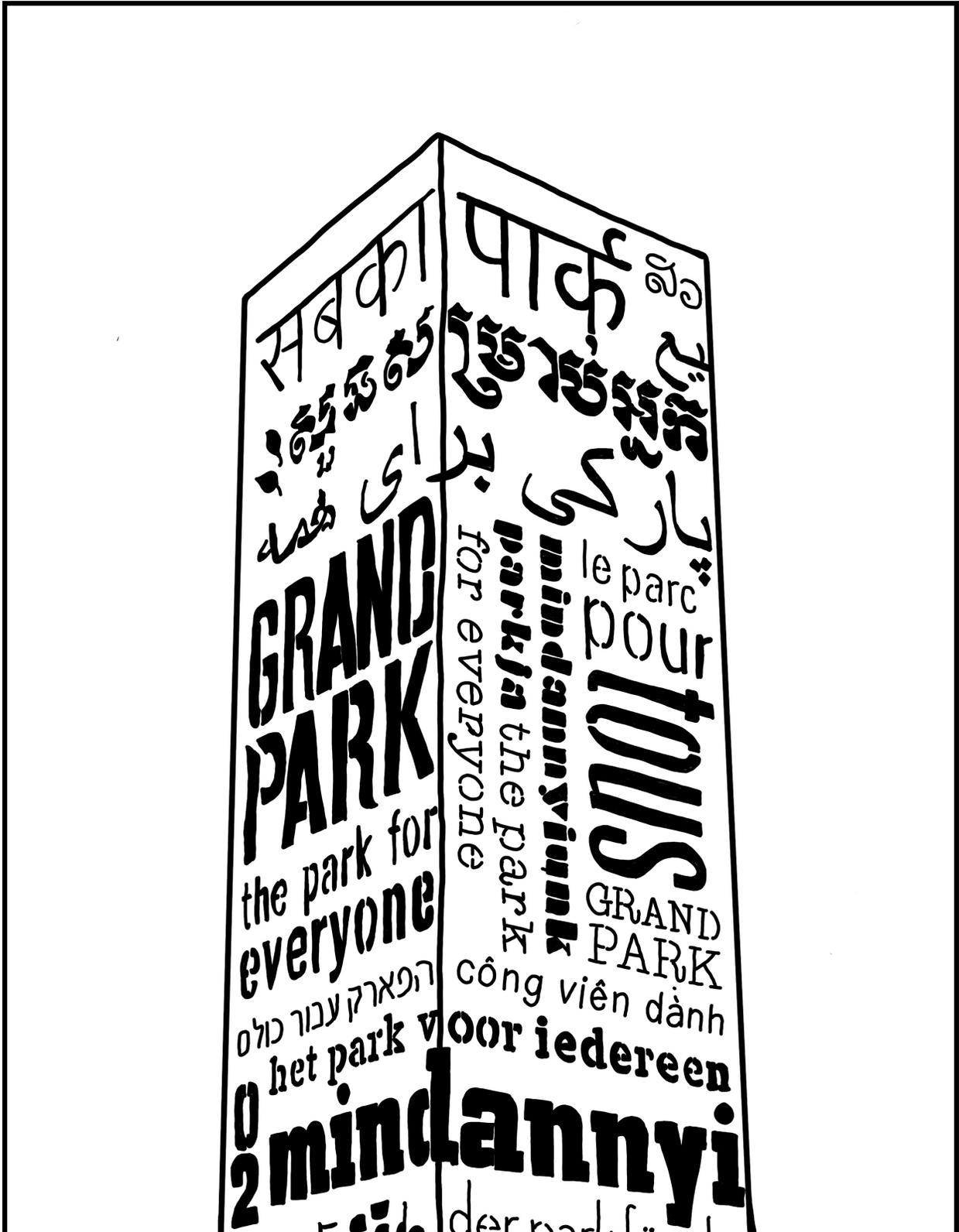
Saturday, October 3 @ 10 am – Grand Park: Dog on Pink Bench

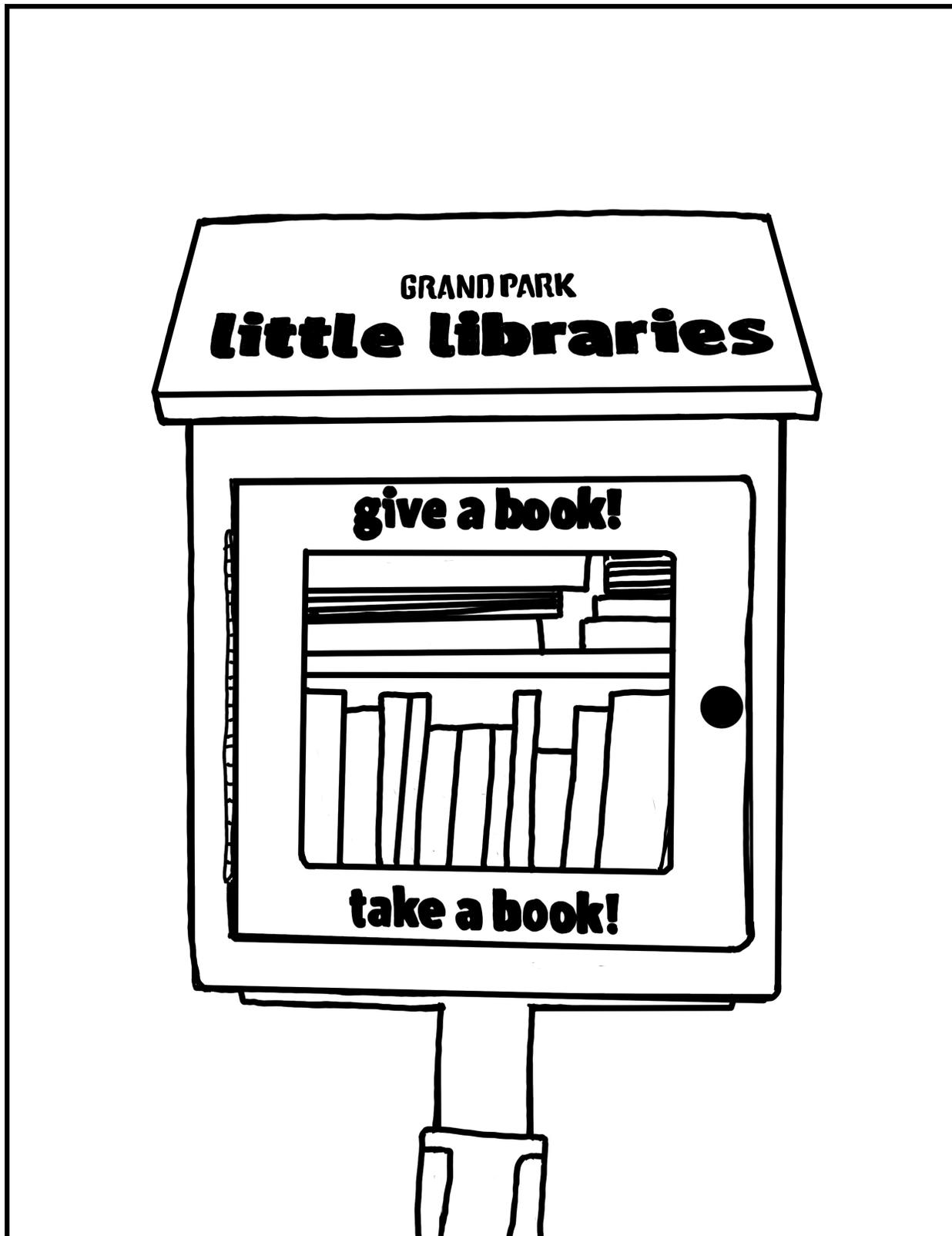
Once sesh is completed share your work with GMD and Grand Park. Please tag:

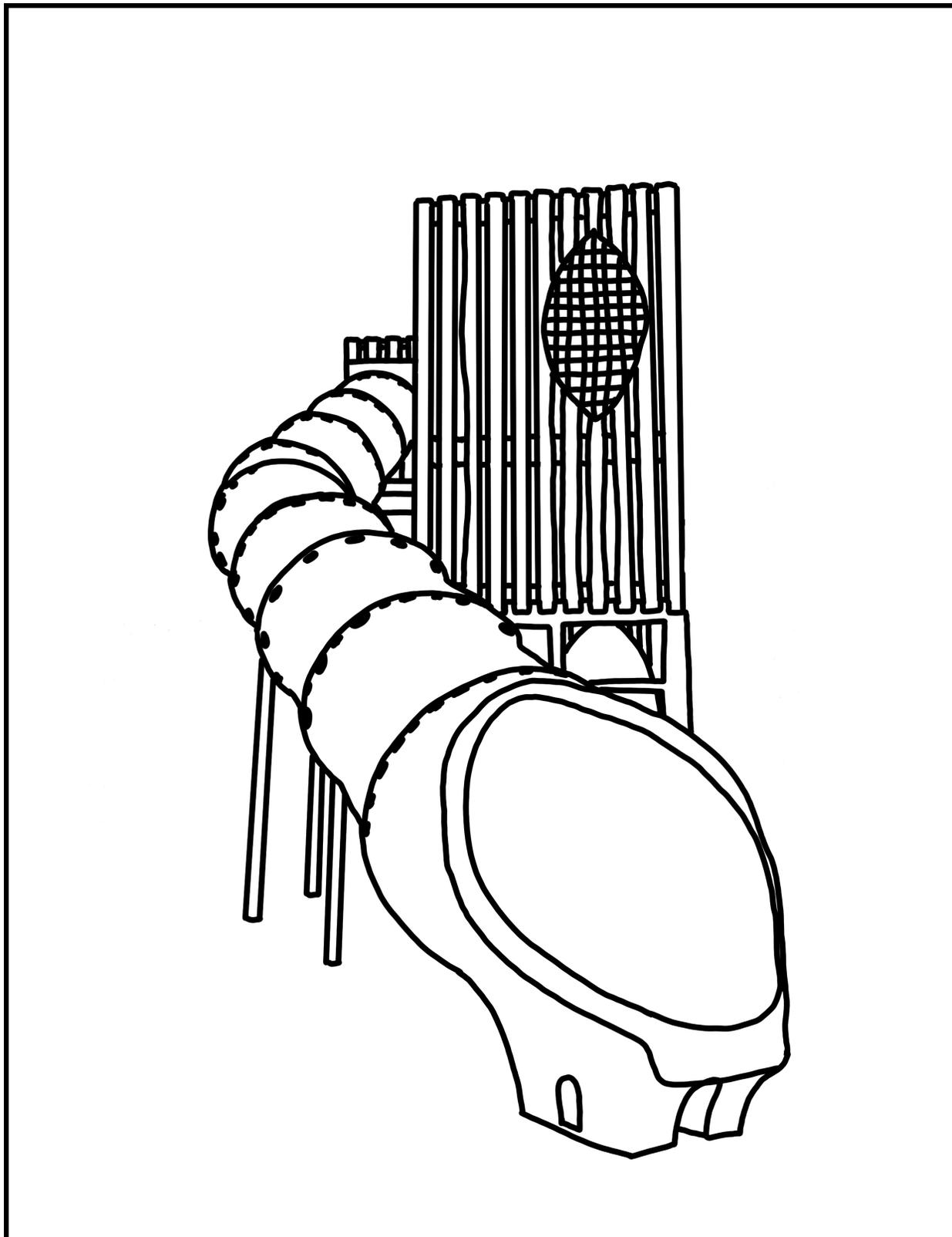
@gurlmuseumday @grandpark_LA #grandparkeasymornings

We will re-post them on social media.

Open to all ages.







**GURL
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DAY —**

Grand Park:
Dog on Pink Bench

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